









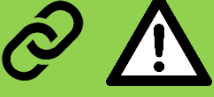

































St Gabriel's CofE Academy

P.S.H.E. Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
King/Parks (Reception)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Bell/Windsor (Year 1)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Braille (Year 2)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Berners- Lee (Year 3)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Hopper (Year 4)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Jackson (Year 5)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Gutenberg (Year 6)	Being Me in My World 	Celebrating Difference 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 



Mental & Physical Health



Relationships



Diversity & Inclusion



Safety & Understanding Risks



Community & Citizenship



Metacognition*

*At the start of each learning unit, there is one lesson linked to theme of metacognition