

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Nursery</b>	Locomotion 1	Fine Motor skills	Dance - Nursery Rhymes	Gymnastics - Travelling, Stopping, and Making Shapes	Stability 1	Target Games 1
<b>Reception</b>	Locomotion 2	Dance - Toys	Gym - Rocking & Rolling	Object manipulation 1	Stability 2 (static and dynamic balance)	Fundamental Movement Skills 1
<b>Year One</b>	Fundamental Movement Skills 2	Dance - Animals	Gymnastics - Wide, narrow & curled rolling & balancing	Net & Wall Game Skills 1	Invasion Game Skills 1	Athletics 2
<b>Year Two</b>	Fundamental Movement Skills 3	Dance - Fire of London	Gymnastics - Spinning, turning & twisting	Net & Wall Game Skills 2	Invasion Game Skills 2	Athletics 2
<b>Year Three</b>	Tag Rugby	Dance - Dance Around the World	Gymnastics - Linking movements together	Dodgeball	Cricket	Athletics
<b>Year Four</b>	Netball	Health Related Fitness	Dance - Romans	Handball	Rounders	Athletics
<b>Year Five</b>	Football	Dance - British Values	Gymnastics - Matching, mirroring & contrast	Tennis	Cricket	Athletics
<b>Year Six</b>	Hockey	Gymnastics - Group Sequencing	Health Related Fitness	Basketball	Rounders	Athletics