

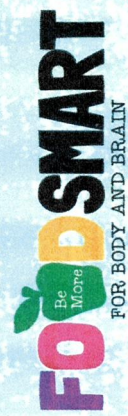
Allergy information available on request

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Margherita Pizza (v)	Cottage Pie	Roast of the Day with Roast Potatoes and Gravy	Build your own Chicken Wrap with Mexican Rice	Fish and Chips					
Main									
Vegetarian									
Broccoli and Cheese Bake with Rice (v)	Shepherdess Pie (v)	Quorn Fillet with Roast Potatoes and Gravy (v)	Cheese and Tomato Quesadilla with Mexican Rice (v)	Veggie Nuggets and Chips (v)					
3rd Options									
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw					
Deli									
Deli Option with Ham, Tuna Mayo or Cheese									
Vegetables									
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables					
Dessert									
Iced Carrot Cake	Flapjack	Plum Pudding Cake	Jelly Crunch Pot	Fruit Mousse					
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt					

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan, 12th Feb, 4th Mar, 25th Mar



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MONDAY

TUESDAY

WEDNESDAY

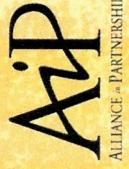
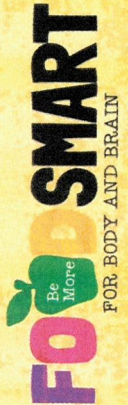
THURSDAY

FRIDAY

Main				
Macaroni Cheese (v)	Pork Sausage and Mashed Potatoes	Roast of the Day with Roast Potatoes and Gravy	Chicken Curry with Rice	Fish and Chips
Vegetarian				
Mild Chickpea Coconut Curry with Rice (v)	Vegan Sausage and Mashed Potatoes (v)	Roasted Vegetable Tart with Roast Potatoes and Gravy (v)	Vegetable and Mozzarella Traybake with Rice (v)	Vegan Katsu with Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli				
Deli Option with Ham, Tuna Mayo or Cheese				
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Vegan Sweet Potato and Ginger Cake	Fruit Shortbread	Berry Crumble Traybake	Chocolate and Beetroot Brownie	Fruit Yoghurt Fool
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

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6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan, 19th Feb, 11th Mar



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13th Nov, 4th Dec, 25th Dec, 15th Jan, 5th Feb, 26th Feb, 18th Mar

MONDAY

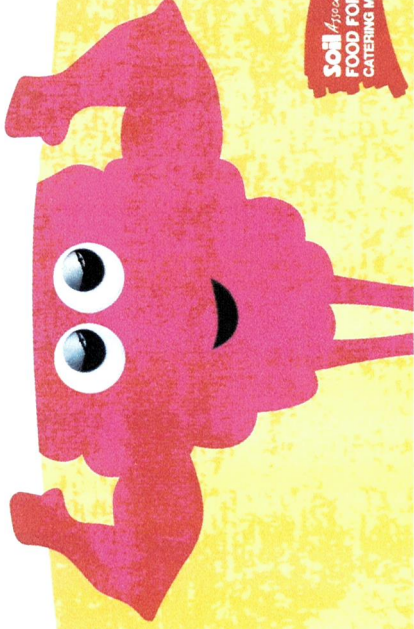
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main				
Ratatouille Pasta Bake (v)	Meat Feast Pizza	Roast of the Day with Roast Potatoes and Gravy	Bolognese with Pasta	Fish and Chips
Vegetarian				
Vegetarian Sausage and Bean Hotpot (v)	Potato and Bean Calzone (v)	Mediterranean Gnocchi Bake (v)	Barley and Vegetable Risotto (v)	Cheese and Tomato Pinwheel with Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Lentil Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli				
Deli Option with Ham, Tuna Mayo or Cheese				
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Sticky Orange Cake	Oat Fruit Slice	Baked Rice Pudding with Fruit Compote	Cinnamon Fruit Pudding	Chocolate Mousse
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt



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