

## Week one

Week Commencing: 31/08, 21/09, 12/10, 9/11, 30/11, 4/12/1, 25/1, 22/2, 15/3, 19/4, 10/5, 7/6, 28/6, 19/7.

**Choose a main meal... MONDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v) Strawberry Swirl Mousse  
 (v) Cheddar Cheese, Crackers and Apple Slices  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... TUESDAY**  
**On the side...**  
 Fresh Salad Bar  
 Corn on the Cob or Peas  
**For dessert...**  
 (v, h) Iced Mandarin Sponge  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... WEDNESDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v, h) Apple Pie and Custard  
 (v) Ice Cream Tub  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... THURSDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day or Baked Beans  
**For dessert...**  
 (v) Chocolate Mousse  
 with Fruit in Juice on the Side  
 (v, h) Crunch Cookie  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... FRIDAY**  
**On the side...**  
 Fresh Salad Bar  
 Peas or Baked Beans  
**For dessert...**  
 (v, h) Sticky Ginger Cake  
 (v) Organic Yoghurt or Fresh Fruit

## Week two

Week Commencing: 7/9, 28/9, 19/10, 16/11, 7/12, 11/12/1, 1/2, 1/3, 22/3, 26/4, 17/5, 14/6, 5/7.

**Choose a main meal... MONDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v, h) Chef's Choice Flapjack  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... TUESDAY**  
**On the side...**  
 Fresh Salad Bar  
 Peas or Baked Beans  
**For dessert...**  
 (v, h) Chef's Sponge Cake Choice  
 with Fruit in Juice on the Side  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... WEDNESDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v, h) Fruit Crumble and Custard  
 (v) Ice Cream Tub  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... THURSDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v, h) Chocolate Shortbread  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... FRIDAY**  
**On the side...**  
 Fresh Salad Bar  
 Peas or Baked Beans  
**For dessert...**  
 (v) Two Dinky Doughnuts  
 with Dipping Sauce  
 (v) Organic Yoghurt or Fresh Fruit

## Week three

Week Commencing: 14/9, 5/10, 2/11, 23/11, 14/12, 18/12/1, 8/2, 8/3, 29/3, 3/5, 24/5, 21/6, 12/7.

**Choose a main meal - MEAT FREE MONDAY**  
**On the side...**  
 Fresh Salad Bar  
 Peas  
 Baked Beans  
**For dessert...**  
 (v, h) Chocolate Cracknel  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... TUESDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 Jelly with Fruit  
 (v) Ice Cream Tub  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... WEDNESDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v, h) Up-Beet Chocolate Cake and Hot Chocolate Sauce  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... THURSDAY**  
**On the side...**  
 Fresh Salad Bar  
 Vegetables of the Day  
**For dessert...**  
 (v, h) Zesty Orange Cookie  
 (v) Organic Yoghurt or Fresh Fruit

**Choose a main meal... FRIDAY**  
**On the side...**  
 Fresh Salad Bar  
 Peas or Baked Beans  
**For dessert...**  
 (v, h) Pupil's Favourite Fruit Muffin  
 (v) Ice Cream Tub  
 (v) Organic Yoghurt or Fresh Fruit

Everyday we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk and a Fresh Bread Basket.  
 Ketchup is offered with selected dishes.  
 Vegetable accompaniments change to reflect seasonal availability



**Allergies**  
 Please contact your school cook for information regarding the content of dishes and products on our menu